



# SYNERGY

PHYSICAL THERAPY AND PILATES

2919 Welborn St. Suite 100, Dallas, TX 75219  
Phone: 214-579-9781 Fax: 214-579-9673

## General Health Questionnaire

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M or F

Referring Physician: \_\_\_\_\_

PCP Physician: \_\_\_\_\_

Primary reason for seeking our services today: \_\_\_\_\_

If an injury, date of injury, mechanism of injury, if not sure, how long has problem persisted:

\_\_\_\_\_

### **Do you currently experience any of these symptoms? Please circle if yes.**

Fevers / chills / sweats    Unexplained weight loss / gain    Unusual fatigue    Nausea / vomiting  
Headaches    Dizziness / lightheadedness / loss of consciousness    Blurred vision  
Numbness / tingling    Weakness    Chest pain / palpitations    Difficulty breathing / shortness of  
breath

Difficulty swallowing    Changes in bowel/bladder function (starting, stopping)

Recent falls

If you answered yes to any of the above, please explain in detail: \_\_\_\_\_

\_\_\_\_\_

Surgical History (Location and Date):

\_\_\_\_\_

\_\_\_\_\_

Current medications:

\_\_\_\_\_

Family medical history of medical problems(birth parents and siblings):

\_\_\_\_\_

\_\_\_\_\_

Do you feel safe at home: Yes or No If no, Please explain \_\_\_\_\_

Are you depressed: Yes or No If yes, Is this something you would like addressed? Yes or No



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**Pain Description**

Describe your pain  
(ex. Burning, aching, dull,  
deep, throbbing, sharp): \_\_\_\_\_

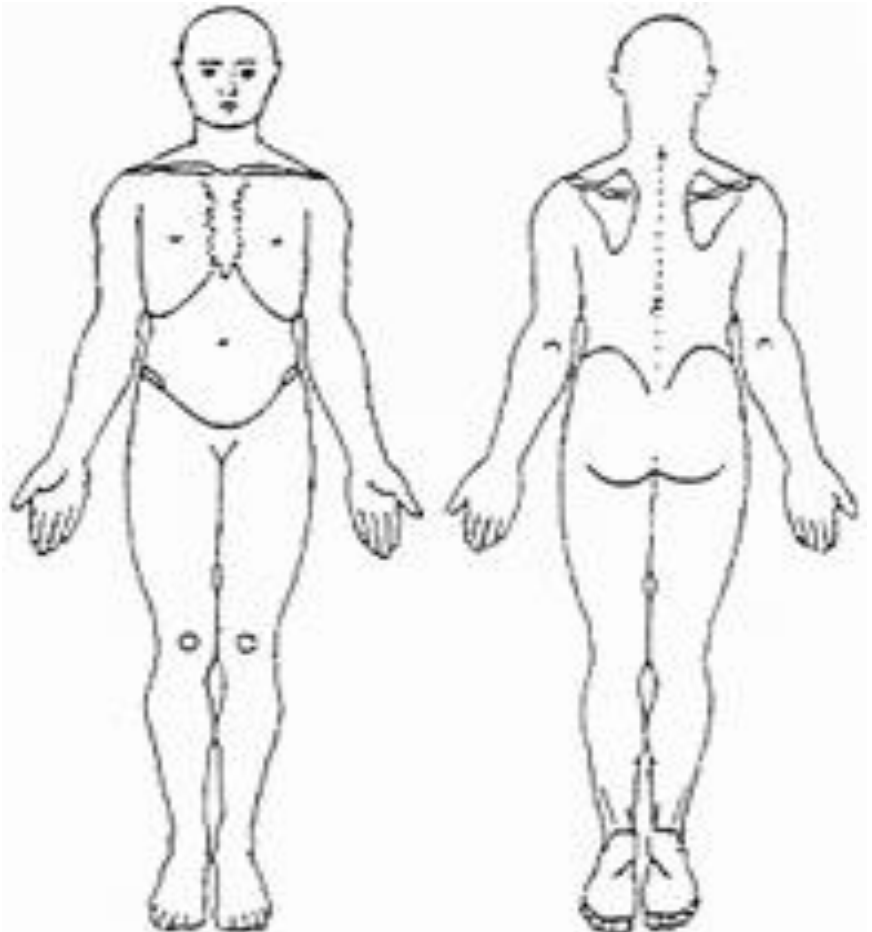
**Location:** Circle or Mark on Body

**Pain Scale:** (0 is no pain, 10 is worst  
imaginable)

Current Pain: 0 1 2 3 4 5 6 7 8 9  
10

Lowest Pain: 0 1 2 3 4 5 6 7 8 9  
10

Highest Pain: 0 1 2 3 4 5 6 7 8 9  
10



Is there anything else you would like to disclose about your health status or previous health problems: \_\_\_\_\_  
\_\_\_\_\_

What are your goals you hope to achieve from receiving our services: \_\_\_\_\_  
\_\_\_\_\_

By signing this form you confirm that the above information is correct and accurate to the best of your ability.

\_\_\_\_\_  
Signature of Patient/Guardian

\_\_\_\_\_  
Date